

EFT Advanced trainings in Christchurch:

“SHAME – both the clients and the therapist” on Thursday 15 March 2018 \$250

- Becca has produced a two-day online course on shame and is expert at noticing when shame is affecting clients

“COMMON PROBLEMS/concerns in EFT practise” on Friday 16 March 2018 \$250

- Bring your questions, concerns and learning edges in EFT practise. You are welcome to bring a tape if you would like. We will use each other’s areas of growth to explore EFT theory and practise in the EFT method.
- Areas that may be focused on:
 - Stage 1 – Conducting a thorough assessment, building the alliance, enactments, tying the bow, deepening into emotion, bringing the attachment reframe into the foreground, utilising secondary and primary emotion in the here and now, working with withdrawer or protester differences, managing escalation.
 - Stage 2 - The Markers – Stage 1 to 2, facilitating the vulnerable reach – turning it into a request, working with past memories, how to know withdrawer re-engagement is complete.
 - Self-of Therapist: what trips you up, where you get anxious, your own attachment style and how it shows up.