

EFT NZ presents:
A masterclass with Kathryn Rheem

Managing Trauma in Stage 2

AUCKLAND 31 AUGUST – 1 SEPTEMBER



Dr. Kathryn Rheem has trained hundreds of mental health clinicians in EFT nationally and internationally. She works extensively with couples where one or both partners have endured trauma

Trauma in Relationships

The echoes of unresolved trauma are likely to be loudest and most disruptive to individuals' emotional and social functioning in the context of their intimate relationships. For trauma survivors who may have no template for safe connection, and their partners, triggers can create escalations. Emotional dysregulation, the hallmark of trauma, scrambles communication, blocks intimacy and amplifies distress.

Venue

St Columba Centre
40 Vermont St, Ponsonby

Times

9am – 5pm daily

Fee

\$450

early bird \$400 if paid by 1st August

What you will learn:

- how to monitor and respond to clients' moment by moment experience, especially numbing
- how to work intra-psychically piece by piece with each partner
- how to work interpersonally to create healing between partners

Participants need to have completed a minimum of the EFT externship

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